

NURSERY RHYME QUILT

By Heather Duff



This quilt is perfect for a young child and is so basic that it is also perfect for any first time quilters. For those more advanced quilters, you could be more creative with the use of the designs or add your own personal flair to create more intricate borders.

MATERIALS

- 1m x 110cm blue spot fabric for blocks
- 1m x 110cm blue colored star spot fabric for sashings
- 1m x 110cm purple star fabric for outer borders
- 1/2m x 110cm blue star fabric for inner borders and binding
- 2m x 110cm backing fabric
- Batting to fit
- Heavy tearaway stabiliser
- Machine embroidery threads
- Bobbinfill
- Construction thread

NOTE: This quilt has been made using imperial measurements
Fabric amounts are based on fabric width of 44inch

FINISHED SIZE: 34 1/2in x 48inch

PREPARATION

From the purple stars fabric cut:

- two, 40 1/2inch x 4 1/2inch strips along the width of the fabric for the side border
- two, 35 inch x 4 1/2inch strips along the width of the fabric for the top and bottom borders

From the blue colored star fabric cut, six 2inch strips along the width of the fabric and crosscut as follows:

- six, 25inch strips for the inner block joins
- nine, 5 1/2inch strips for the inner block sashing

From the blue star fabric cut,

- four, 1 1/2 inch strips along the width of the fabric and crosscuts as follows:
 - o two, 38 1/2inch strips for the side sashing
 - o two, 27inch strips for the top and bottom sashing
- four, 3 1/2 inch strips along the width of the fabric for the quilt binding

From the blue spot fabric cut,

- four, 5 inch strips along the width of the fabric for the large wording panels. These will be cut down to 4 1/2inch by 25inch strips when the embroidery is complete
- two, 7 inch strips along the width of the fabric and crosscut as follows:
twelve, 7 inch squares – or the size required for your hoop.
These will be trimmed to 5 1/2inch squares when the embroidery is complete

EMBROIDERY

Picture and small wording blocks

Mark the centre of a 7inch square of the spotty fabric. Download your chosen design to your machine.

Hoop tearaway stabiliser and insert the hoop in the machine. Place the block over the hoop, using the centre markings to assist with accurate placement.

Complete the embroidery design using colors of your choice



When the embroidery is finished trim the block 5 1/2inch square, making sure the design is centred before cutting.

Repeat to complete the other five picture blocks, and six small wording blocks.

Large Wording blocks

Print templates of all the wording designs – this step is critical!



Fold the 5inch strips of blue spot fabric in half lengthways and mark the centre. Referring to the quilt photo, position the templates for the top strip. Mark the centre for each template. Remember that the strips have been cut larger to facilitate hooping and will be trimmed to 4inch x 25inch, so your word embroidery must be within this size.

TIP: I find it easier to hoop the stabiliser only, then centre the fabric and use a basting stitch to attach the fabric to the hoop.



Stitch out the first design. Once completed, remove the stabiliser and trim any jump threads. Repeat until all the wording is finished the press face down on a thick towel.

Repeat for the other three wording strips. Trim the completed strips to 25inch by 4inch.

CONSTRUCTION

All seams are 1/4in (6mm).

Decide on the block placement in a 2 picture, 2 small wording configuration.
Sew a 2inch by 5 1/2inch blue colored star strip to the sides of the inner blocks.



Sew a 25inch x 2inch blue colored star strip to the bottom of the top wording block strip, then between each row as per the photo



Sew the 38 1/2inch x 1 1/2inch blue star strips to the sides, then the 27inch x 1 1/2inch strips to the top and bottom.

Sew the 40 1/2inch x 4 1/2inch purple star strips to the sides, then the 35inch x 4 1/2inch strips to the top and bottom.



Quilting

Cut the backing and batting slightly larger than the quilt top. Create a quilt sandwich using the completed top, backing fabric and batting in the middle

I stitched-in-the-ditch around each block and sashing, then stipple quilted around the outside border.

Binding

Join the strips of blue star fabric for the binding. Make sure to join the strips on a 45-degree angle, trim the seam and press open.

Press the strip in half lengthways, wrong sides together. Match the raw edge of the binding strip to the right side of the raw edge of the quilt. Sew in place, mitring the corners as you go. Turn the binding to the wrong side and hand-sew in place.