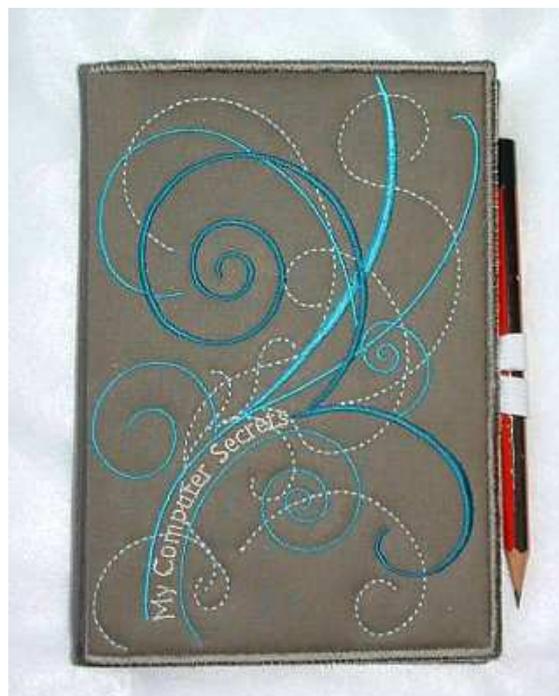


MY COMPUTER SECRETS NOTE BOOK COVER

by

Birdhouse Cottage Crafts

This 'My computer Secrets' note book cover is made in the 5x7 or larger hoop.
The covers fit a standard 4x6½" spiral bound note book (100x160 mm)



FOR YOUR NOTE BOOK COVER YOU WILL NEED

One 4x6½" spiral bound note book (100x160 mm)

2 Pieces of tear away stabilizer large enough to be hooped

2 Pieces of fabric measuring 6½ x 8" (165x200 mm) for outside cover

2 Pieces of fabric measuring 6½ x 8" (165x200 mm) for inside cover

2 Pieces of fabric for the inside pockets measuring 5 x 3.5" (Optional)

2 Pieces of iron-on interfacing measuring 6½ x 8" for inside cover

2 Pieces of thin batting measuring 6½ x 8" for front and back outside covers

Two 2" pieces of ½" elastic

2 Pieces of fusible appliqué web measuring 2.5 x 3.5"

Embroidery threads - Your choice of thread colours will depend on your choice of fabrics.

Masking tape

Temporary adhesive spray, such as 505

Magic tape (Clear tape that leaves no sticky residue)

- * Remove embroidery hoop from machine
- ** Return embroidery hoop to machine

Follow these detailed instructions carefully and you will have made yourself a very useful notebook. I use them all the time for notes.

TO MAKE

I strongly suggest that you work in the order that I give. I know it is always tempting to start with the front cover, but you will come unstuck.

Reading through the instructions before you start is highly recommended.

Before you start making your notebook covers, prepare your **elastic inserts, inside pockets and fabrics.**

ELASTIC INSERTS

The elastic inserts serve two purposes: one to hold the notebook closed in your handbag and two, to keep your pen or pencil handy.

Cut a 2" piece of elastic and fold it half so that it looks like this

One to the left and one to the right.

Using magic tape secure the ends.

Make a pencil mark a $\frac{1}{2}$ " from the fold.

This mark is what you will line up with the stitches later.



Double sided INSIDE POCKETS Although optional you will find them useful.

Using your two pieces of $5 \times 3\frac{1}{2}$ " fabric, fold in half and iron.

Place one piece of $2\frac{1}{2} \times 3\frac{1}{2}$ " appliqué paper on one half inside and iron. Remove the paper part and iron the other side on.

This gives you a double sided pocket to attach later.

The finished size of your pocket must be $2\frac{1}{2} \times 3\frac{1}{2}$ ".

FABRICS

Iron the interfacing onto the back of the fabric you will be using for the inside of the covers.

Spray the batting and cover with your outside fabric.

INSIDE BACK AND INSIDE FRONT

Hoop 2 layers of stabilizer.

- 1) Stitch outline onto stabilizer only

*



On the stabilizer, outside the stitch line, mark the top of the design with a big T and the bottom with a B, so that when you turn your hoop over you can see them through the stabilizer and you don't get confused as to which is top and bottom.

Place your interfaced fabric over the stitch area and tape on the outside edges.

**

- 2) Fabric hold down stitches, large buttonhole, and elastic position.
- 3) Pocket position stitches

*

Place prepared pocket just over the stitched line, with the **folded edge uppermost**, and hold in place using tape on the top and bottom.

**

4) Pocket decorative edging stitches
Stop your machine just before it goes over the bottom piece of tape, and remove that piece of tape, then carry on.

*

Turn your hoop over to work on the back (See TIP 1)

Place one piece of elastic on the center mark and position it:

ABOVE the placement line for inside **BACK** and
BELOW the placement line for the inside **FRONT**
-and matching the pencil mark up with the outline
ON THE BACK OF THE DESIGN.

Keep the elastic in place with two strips of masking tape.
Folded side of the elastic to be outside the design area.

**

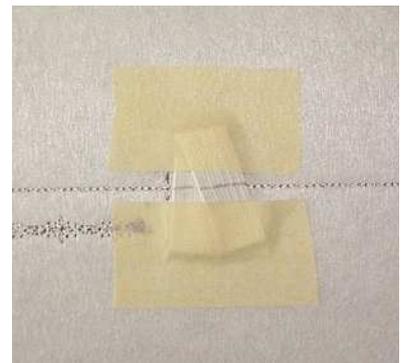
- 5) Elastic hold down stitches

*

Remove excess tape from pocket, turn hoop over, remove tape from elastic and trim the elastic ends a bit shorter

Cut buttonhole open with a craft knife for about 1", just to give a start for cutting it open later. Remove stabilizer **outside** notebook rectangle.

Keep on one side to be added to front/back later



OUTSIDE BACK

Hoop 2 layers of stabilizer.

- 1) Stitch outline onto stabilizer only

*

Spray pre-prepared back outside batting/fabric with 505.
Place over the design area.

**

- 2) Fabric hold down outline
- 3) Quilting stitch.

*

Turn hoop over to work on the back.

Take your previously completed 'Inside Back' and with good side up, push a pin through each corner. (See TIP) Line the corners up with the wrong side corners of the 'Back' and push the pins in to keep the inside back in the correct place.

Using masking tape, tape inside back to the back of the 'outside back', away from the outline stitch.

Remove the pins and carefully turn the hoop over and return to your machine.

**

4) Stitch securing outline stitch.

*

Turn your hoop over and make sure all is well on the reverse side (it is easier to make corrections now)

**

5) Stitch zigzag that will hold the two pieces together

*

On both the front and back of the hoop, trim the excess fabric (and batting) from the **top** and **bottom** edges of the design.

Trim along the **elastic side**, making sure you don't cut the elastic.

On the spine edge, lift the fabric and trim the **batting only** away.

DO NOT TRIM ANY OF THE FABRIC ON THE SPINE SIDE OF THE COVER.

You will be using this fabric to make a French seam that joins the front section to the back section.

**

6) Satin stitch outline.

Remove the stabilizer from outside the note book cover back



OUTSIDE FRONT.

Hoop 2 layers of stabilizer.

1) Stitch outlines onto stabilizer only

*

Spray front batting/fabric with 505 spray.
Place over the design area.

**

2) Fabric hold down outline

- 3) Lightest colour (or colour of your choice)
- 4) Medium colour (or colour of your choice)
- 5) Dark colour (or colour of your choice)
- 6) Lettering

*

Turn hoop over to work on the back.

Take your previously completed 'Inside Front' and with right side up, push a pin through each corner. (See TIP) Line the corners up with the wrong side corners of the 'Front' and push the pins in to keep the inside front in the correct place. .

Using masking tape, tape inside front to the back of the 'outside front', away from the outline stitch.

Remove the pins and carefully turn the hoop over and return to your machine.



**

- 7) Stitch securing outline stitch.

*

Turn your hoop over and make sure all is well on the reverse side (it is easier to make corrections now)

**

- 8) Stitch zigzag that will hold the two pieces together

*

On both the front and back of the hoop, trim the excess fabric (and batting) from the **top** and **bottom** edges of the design.

Trim along the **elastic side**, making sure you don't cut the elastic.

On the spine edge, lift the fabric and trim the **batting only** away.



DO NOT TRIM ANY OF THE FABRIC ON THE SPINE SIDE OF THE COVER.

You will be using this fabric to make a French seam that joins the front section to the back section.

**

- 9) Satin stitch outline.

TO ATTACH YOUR COMPLETED FRONT TO YOUR COMPLETED BACK WITH A FRENCH SEAM.

Remove all stabilizer from covers.

You have left the fabric on the spine sides and any excess at the **top and bottom** needs to be trimmed away neatly, in line with the edge before you join the front to the back.



Line your front and back up, with the right sides out and straight stitch along the spine about $\frac{1}{2}$ " from the satin stitch.

You can use your zip foot with the needle moved to the far right side.

Trim this seam to $\frac{1}{8}$ " and turn your covers so that the insides face out. This will hide the $\frac{1}{8}$ " seam.

Stitch again, this time as close to the Satin stitch edge.

Move your needle to the left of your zipper foot to get close.



Insert the point of your scissors into the cut you made in the buttonholes and cut the buttonhole open from top to bottom.

Do this to both buttonholes and your Quilted Note Book Cover is complete.

Slip the covers of the notebook into the buttonholes.



TIP 1

Cut a sheet of $\frac{1}{2}$ " polystyrene to fit into your inner hoop. If the edges are crumbly tape them with masking tape.

This is useful for when you are working on the back of your design. Place it inside the hoop over your design before turning your hoop over so that where you want to work is not bouncy. You may need to put your hoop mechanism over the edge of the table.



TIP 2

Neaten the edges of the cover.

I find the best way to clean up the edges is to run them along an iron set to linen heat.

Make sure the iron stands on its base and keep your fingers away from the heat.



Thank you for your order

Heather Beckett

Birdhouse Cottage Crafts

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I hope you enjoy making this project.

If you have any queries about these instructions please feel free to contact me at glendale@intekom.co.za